

Frequently Asked Questions

When does Practice start?

Each team determines when their team will start to practice. The coach will call his/her players and let them know of the start date. Typically the teams start practicing at least 2 weeks prior to the season.

Where will we practice?

The coach will typically schedule practices around either the school the players are from or in the neighborhood where the majority of the kids live. All BREC parks are open for use by our soccer teams. In addition, you may contact local schools to get permission to practice on their playground.

How many times per week do we practice?

U5-U8 teams typically practice 1 time per week for 45 minutes to an hour.

U9-U12 teams can practice up to twice per week from 1 hour to 1 ½ hours.

U13 and above teams usually practice twice per week for 1 ½ hours.

When will I be contacted?

The placing of players on a teams will start 3 weeks from the leagues will start. If you have not heard from a coach or the soccer office, please contact the soccer office 225-924-2157 for the status of the player

How do I get uniforms?

BRSA require same uniforms for players U5 through U11. Each player needs to purchase a red and a white designated uniform shirts. Purchase jerseys at Third Coast Soccer, 8312 Jefferson Hwy

Baton Rouge, LA 70809, 927-0171. Each jersey is \$15 and can be used from year to year, while the player remains in the U5 through U11 age groups. Only cash and checks are accepted as payment for the jerseys by Third Coast.

Socks and shorts will be provided by the player. Home team will wear white and visitors will wear red shirts. ALWAYS BRING BOTH JERSEYS TO EACH GAME.

U12 and above provides their own jerseys. Check with the coach for what to wear.

What size ball do I use?

U5-U8 uses size 3

U9-U12 uses size 4

U13 and above uses size 5

Where do I play my games?

U5 and U6 will play all their games at Independence Park.

U7 and U8 will play most of their games at Burbank Soccer Complex.

U9 and above will play most of their games at Burbank Soccer Complex.

When do I play my games? U5 and U8 play their games on Saturday mornings. U9-U12 play most of their games on Saturday mornings and some on Sunday afternoons. U-13 and up play most of their games on Saturday and Sunday with some games during the week under the lights.