



Red Stick XIX

U-9/U-10 Tournament

Playing Rules:

FIELD DIMENSIONS:

Length – 88 yards

Width – 50 yards

BALL:

Size 4

PLAYERS:

8 v 8 including a goalkeeper

SUBSTITUTIONS:

Any ball out of play

For an injured player (When the referee has stopped the game)

If a player “NEEDS IT”- if he or she is in physical distress, dehydration, etc.

At half time

PLAYER’S EQUIPMENT:

Shin guards

Cleats or tennis shoes

Matching uniform:

Home team will wear white jerseys (home team changes if there are any conflicts)

The home team is the team listed first on the schedule

REFEREES:

One center referee will be provided

DURATION OF THE GAME:

Two 25 minutes halves

Half-time period will 5 minutes

The offside rule **WILL** be in effect.